

ROOT WORDS

Promoting just a little bit of knowledge...and a whole lot of Healthy Smiles

Mission Statement

To provide excellent endodontic care in a professional, friendly environment by a highly trained and motivated team!

We work to fulfill our mission by making patient care our #1 goal.

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Early Diagnosis is Key to Saving Cracked Teeth

Because people are living longer and more stressful lives, they are exposing their teeth to many more years of “crack” inducing habits, such as clenching, grinding, and chewing hard objects. These habits plus complex reconstructive procedures leave teeth more susceptible to cracks.

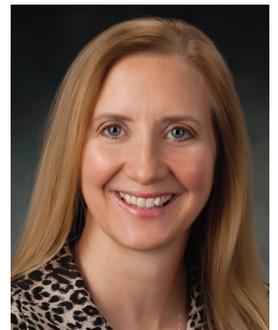
Early diagnosis is the key to helping save cracked teeth. Diagnosis can be difficult due to vague pain on biting and/or the patient has trouble explaining the complaint.

The two most common complaints to look for are biting pain and thermal sensitivity, especially to cold. With pulpal involvement, there may be signs and symptoms of irresolvable pulpitis or necrosis. A crack extending onto the root surface will likely have a periodontal defect.

The cracked tooth treatment plan varies depending on the location and extent of the crack. If pain with chewing is the only symptom, a tight fitting band may confirm the diagnosis. If the banding resolves the pain with

chewing, a full coverage restoration may keep the tooth pain free. Any thermal sensitivity usually indicates the pulp is involved and root canal therapy is needed before reconstructing with a crown.

In all cases of cracked teeth, the patient should be fully informed that prognosis is unpredictable. In spite of treatment, some cracks may continue to progress and separate, resulting in loss of the tooth. A crown provides maximum protection, yet does not guarantee success in all cases.



Many cracked teeth can be saved with early diagnosis, appropriate endodontic therapy and full coverage restorations. ■

Dr. Dayna Duke earned her D.D.S. from O.U., completing her endodontic specialty training at the VA Medical Center in Long Beach, California.

Convenience for your patients...

We are network providers for the following insurance companies: ***Delta Dental (all except Patient Direct), Aetna (PPO & DMO), Cigna (Radius PPO Only), MetLife, BlueCross BlueShield Association (OK, IL, NM, TX & Dearborn National)*** If your patient is enrolled in another insurance plan, we will gladly file the claim for them and in most cases only ask for the patient's estimated copay. We accept all major credit cards, cash and check.

Quality Patient Care in a Comfortable Environment

Staff Vitals

Susana Mancinas-Ramos

A recent addition to our front desk, Susana has worked in the dental profession for eight years before coming to Endodontic Associates. She joined our team in Spring 2012. Susana loves the professional atmosphere and friendly team members at EA. After settling in at our front desk, Susana continues to be a great team member dedicated to



Susana Mancinas-Ramos
Business Assistant

doing her best, not only with patients, but with the doctors and staff.

She is married to her high school sweetheart, Jaime, with whom she has two children, Aaliyah and Anthony. During her free time, Susana enjoys movies, dancing and fun in the sun. ■

Bravo

■ Congratulations to **Dr. Jamie Cameron** and her husband Taylor on the birth of their baby girl, Katy Lee, born April 27. She weighed in at 6 pounds 3 ounces and is 19 inches long.

Do you have changes in your office? New associates, professional honors, a new home, weddings or babies? Let Sherri know. We'd love to include your news in our Bravos!

Hold the Date for our Annual Seminar

August 23, 2013 - Doctors and Staff Welcome!

Join us as David Mainz "America's Personal Health Improvement Expert" shares the latest information on vitamin supplements, longevity, and information on cholesterol that even your physician doesn't know.

Really!

You'll learn the best and worst foods for your teeth, which foods help manage stress, and much more. For fun, David will lead us all through the popular game show "Family Food!" and you can root for your favorite contestant from the audience. You'll appreciate the great information you can use in both your

personal and professional lives, and have lots of FUN, too.

Meinz has been a full-time professional speaker since 1991 and has earned the Certified Speaking Professional (CSP) designation in the National Speaker's Association, a distinction currently held by only seven percent of all professional speakers. He is



David Mainz

also a fellow of the American Dietetic Association (FADA), an honor held by less than one percent of all dietitians. He is the only individual to hold both designations. Meinz has taught nutrition at the university level, worked in human nutrition research and clinical dietetics, and was director of a hospital health promotion program.

New Seminar Location
Sheraton Reed Center
5750 Will Rogers Road
Midwest City

Please share this fun and helpful information with your staff by passing on Root Words! If you would like additional copies of this newsletter, please call Sherri at Endodontic Associates, (405) 748-6000 or (800) 522-9609.