

ROOT WORDS

Promoting just a little bit of knowledge...and a whole lot of Healthy Smiles

Mission Statement

To provide excellent endodontic care in a professional, friendly environment by a highly trained and motivated team!

We work to fulfill our mission by making patient care our #1 goal.

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EA Summer Seminar a Success!

What is the best breakfast to energize your day? How much added sugar is in the average American diet? Where on earth do people live the longest, and what are the secrets of their diet?

These questions and more were answered by **America's Personal Health Improvement Expert**, David Meinz, at the annual seminar sponsored by Endodontic Associates on August 23.

Back for the third time by popular demand, David presented his philosophy, *Diet and Dentistry in the 21st Century*, to attendees, which included over 120 dentists, over 100 hygienists, and 165 staff members!

With his special brand of wit and humor, David unlocked the secrets of what to eat and when. He educated attendees on healthy options at popular fast food restaurants and on separating fact from fiction when considering the possible benefits of energy drinks, alcohol and even chocolate!

The beautiful new Reed Conference Center served as this year's venue. Seminar attendees were treated to breakfast, lunch and a bounty of door prizes—all while learning about the important steps they can take to optimize a healthy diet and prepare for a long, fulfilling life. ■



Lori Ledbetter won the Oklahoma City Thunder Basket, which was filled with Thunder goodies!

Other Door Prize Winners:
Dr. Bob Shirley – Handpiece from Darby Dental
Kathie Sutherland, Sheila Wynns, Kim Glease and Julie Taylor – OU football tickets
Dr. Nathan Shapard – \$300 gift certificate to Patterson Dental
Marti Davies – Kindle
Chris Clark and Shirley Whitaker – Two-Day passes to Adventure Riversports
Jennifer Holman – Kuerig Coffeemaker
Layla Pecina – Scentsy Basket
Autumn Miller – \$50 gift card to Target from Henry Schein

Quality Patient Care in a Comfortable Environment

Bravo

- Congratulations to **Dr. & Mrs. Nathan Proud** on the birth of their son Cooper Seth! Cooper was born on June 22, weighing 8 pounds 2 ounces and measuring 21 ½ inches long.
- **Dr. Kari & B.J. Bender** welcomed their baby boy Titan on July 20! Titan weighed in at 8 pounds 2 ounces and was 20 inches long. A big congratulations to both families on their new additions!



Dr. Duke, Dr. Seth Evetts and Dr. Sid Johnson enjoy a cup of coffee at the annual seminar!



Dr. Hardy, Dr. Stephen Herren and Dr. Bird are all smiles while enjoying the seminar.



EA Staff Members Franki, Jessi, Hilary & Mary Jo.



Dr. Hilton and Dr. Jeff Shadid pose for a quick photo!

Please Note

Effective on November 19, 2013, we will no longer be providers for Blue Cross Blue Shield Association. We are network providers for the following insurance companies: **Delta Dental (all except Patient Direct), Aetna (PPO & DMO), Cigna (Radius PPO Only), and MetLife.** ■

Please share this fun and helpful information with your staff by passing on Root Words! If you would like additional copies of this newsletter, please call Sherri at Endodontic Associates, (405) 748-6000 or (800) 522-9609.