

# ROOT WORDS

*Promoting just a little bit of knowledge...and a whole lot of Healthy Smiles*

## Mission Statement

*To provide excellent endodontic care in a professional, friendly environment by a highly trained and motivated team!*

*We work to fulfill our mission by making patient care our #1 goal.*

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## Antibiotic Treatment of Endodontic Infections

**M**anaging oral infections is a multi-step process. First, a medical history is taken and a clinical exam is performed. Next, successful endodontic therapy requires removal of the bacterial substrate. This is done by cleaning and shaping the root canal system with non-surgical RCT, removal of granulation tissue and sealing the apex during surgery. With more severe infections, incision and drainage may also be needed.

An antibiotic may be prescribed along with proper endodontic care if there is systemic involvement such as fever, malaise, lymphadenopathy, a compromised immune system, or facial space involvement.

The first choice for endodontic flora is still Pen VK. Amoxicillin has a broader spectrum than necessary and is often used interchangeably. Adding the clavulanic acid to amoxicillin (Augmentin), gives us a very good antibiotic for endodontic flora.

Clindamycin is the best choice for your patients who are allergic to penicillin. Keflex should only be used with patients who cannot take either Pen VK or Clindamycin.

Keep in mind, if your patient is allergic to Pen VK, there is a high cross-reactivity to Keflex. The only other antibiotic that can be useful is Metronidazole (Flagyl), and it is usually combined with Pen VK to treat more resistant infections.

## Dosing

**Pen VK**— 1 gm loading dose then 500 mg qid for seven to 10 days.

**Clindamycin**— 600 mg loading dose then 150 to 300 mg qid or tid for seven to 10 days. This is a broad dosing recommendation. I try to be careful with Cleocin, because even though all antibiotics can cause pseudomembranous colitis, this one seems to cause diarrhea the most quickly.

**Augmentin**— 1 gm loading dose then 500 mg tid for seven to 10 days.

**Metronidazole**— 500 mg loading dose then 250 mg qid for seven to 10 days.

Always remember that antibiotics should be prescribed in conjunction with appropriate care. Endodontic Associates is always here to help your patients with their endodontic needs ■

**Dr. Dayna Duke**  
earned her D.D.S. degree  
from the University of  
Oklahoma College of  
Dentistry and completed  
her endodontic specialty  
training at the VA  
Medical Center in Long  
Beach, California.



Please share this fun and helpful information with your staff by passing on ROOT WORDS! If you would like additional copies, please call Sherri at Endodontic Associates, (405) 748-6000 or (800) 522-9609.

## Quality Patient Care in a Comfortable Environment



**Oklahoma Mission of Mercy (OkMOM)** was held in ENID on February 7-8 at the Chisholm Trail Expo Center. Dr. Myron Hilton, Kim, and Mel attended. OkMOM is a two-day, MASH-style free dental clinic designed to treat the most pressing needs of patients that are either uninsured, underinsured or would normally not have access to dental care.

## Congratulations...February Lottery Winners

Janice and Stephanie won tickets to *Beauty and the Beast* at the Civic Center! Be sure to participate in our next lottery!



**Janice Griffin**  
Dr. Craig Wooten's office



**Stephanie Ricer**  
Dr. Brian Prince's office

## Bravo

Two EA assistants delivered baby boys a day apart!  
Congrats to Mary Jo & Janet!



■ Mary Jo welcomed baby Carson on February 11.  
Carson weighed 9 lbs 2oz.



■ Janet welcomed baby Donovan on February 12.  
Donovan weighed 7lbs. 4 oz.

## Save the Date

**What:** EA's annual seminar  
**Who:** Doctors Only  
**When:** August 22, 2014  
**Speaker:** Dr. Stephen Poss  
**CE:** 5 Hours





Endodontic Associates Presents

# Play March Madness

*Fun, Rewarding, and Painless (just like a root canal)*

## How to Play

**1**

Go to: <http://www.runyourpool.com/join.cfm>

- In the Pool ID box, enter the number **29764**
- In the Pool Password box, enter **rootcanal**
- Complete the form info, including username and password
- Please use your name so we can identify you

**2**

**Fill out your bracket** *(with the ability to change picks up until the pool's deadline)*

- You can use the websites resources and rankings to make picks
- OR select "Make Quick Picks" which quickly and automatically selects picks for you (weighted toward favorites). This is similar to "quick pick" when playing the lottery.

**3**

**Submit your picks and return to the website regularly to check your standings.** You can also see the rankings for all other dentists and staff who have entered!

## What You'll Win!

**1<sup>st</sup> place**

**TWO FitBit Flex**

*One of the hottest fitness devices on the market! (see video on fitbit.com)*

**2<sup>nd</sup> place**

**\$100 Visa gift card**

**3<sup>rd</sup> place**

**\$50 Visa gift card**

**Last Place**

**Deluxe Movie Package**

**Lottery Winner**

All entries are entered into a drawing for a chance to win a \$50 Visa Gift Card

**Entry is easy AND you don't have to know anything about basketball!**  
**Use the "quick pick" option!**